

## YOUTH TENNIS WINTER 2024 @ UM Varsity Tennis Center and Slauson Middle School Lower Gymnasium

Rec & Ed offers a USTA accredited youth tennis program for players starting at any age, providing a solid skill set to play this great sport for life. Our program follows the Youth Progression developmental pathway with Red, Orange, Green and Yellow ball progressions (<a href="www.netgeneration.com">www.netgeneration.com</a>). All classes are held at UM Varsity Tennis Center, and are subject to change.

**Red (Ages: 5-8)** Beginner -- 36' court, Red Ball, Racquet size 19", 21", 23" Kids get excited to learn their tennis ABC's (agility, balance, coordination skills), ball tracking, receiving, hitting, and playing fun games! Age-appropriate racquets and balls provided. This class will be held at the Slauson Middle School Lower Gymnasium.

Class ID	Class	Days	Time	Dates	# Classes	Fee	Location
3603.261	Red (Ages 5-6)	Sat	9:00AM-10:00AM	1/27-3/2	6	\$130	Slauson
3603.271	Red (Ages 5-6)	Sun	10:00AM-11:00AM	1/28-3/3	6	\$130	Slauson
3603.262	Red (Ages 7-8)	Sat	10:00AM-11:00AM	1/27-3/2	6	\$130	Slauson
3603.272	Red (Ages 7-8)	Sun	11:00AM-12:00PM	1/28-3/3	6	\$130	Slauson

**Orange 1&2 (Ages: 8-10)** 60' court, **Orange Ball, Racquet size 23" or 25"** Orange balls fly faster and kids move faster, cover more distance, and use a wider selection of shots. Players love the Orange court! Players repeat Level 1 until the Instructor recommends orange elite. Age-appropriate racquets available. This class will be held at the Slauson Middle School Lower Gymnasium.

**Orange Elite (Ages 8-10) is** for players who know the basic skills and want more of a challenge. Players will be playing out more points and your cardio and fitness will be worked on. This class is for players who want to learn match play and compete. Age-appropriate racquets available. Class will be at the Michigan Varsity Tennis Center. **Prerequisite Orange level 1&2 or Instructor Approval.** 

\*\*\*\*Orange Elite is not a beginner or instructional class. Your child MUST KNOW what the basics are. The instructor may conduct an evaluation to determine level of play and suggest the appropriate class they should be in\*\*\*\*

Class ID	Class Days		Time Dates		# Classes	Fee	Location
<u>3601.261</u>	Orange Level 1&2	Sat	11:00AM-12:30PM	1/27-3/2	6	\$140	Slauson
3601.272	Orange Level 1&2	Sun	12:00PM-1:30PM	1/28-3/3	6	\$140	Slauson
3601.271	Orange Elite	Sun	9:00AM-10:30AM	1/21-3/3 NO CLASS 1/28 & 2/18	5	\$125	VTC

Green Elite (Ages 11-13), Advanced Beginner/Interm (previously Green) - Green Ball, 78' (Full) Court, Racquet size 26"- 27"

Prerequisite: Fast Track Tennis 1 or equivalent skill. Players have defined groundstrokes, can rally and serve full court. No beginners, please. Precursor to Junior Team Tennis. Goals include refining strokes, improving consistency, and working on fundamentals of singles and doubles match play. This class will be at the Michigan Varsity Tennis Center. **Prerequisite Basic iGreen or Instructor Approval.** 

\*\*\*\*Green Elite is not a basic or instructional class. Your child MUST KNOW what the basics are. The instructor may conduct an evaluation to determine level of play and suggest the appropriate class they should be in\*\*\*\*

Class ID	Class	Days	Time	Dates	# Classes	Fee	Location
3607.271	Green Elite	Sun	10:30AM-12:00PM	1/21-3/3 NO CLASS 1/28 & 2/18	5	\$180	VTC

## High School Prep (Ages 13-17) beginner/Intermediate, Yellow Ball, Full (78') court, racket size adult 26' to 27'.

Introduction to high school tennis. This class is for students who have not played tennis before and for students who want to refine their skills. The goal of the class is to prepare students for tryouts, improve skills to move up positions, and for students to simply try the sport of tennis.

Class ID	Class	Days	Time	Dates	# Classes	Fee	Location
3608.271	High School Prep	Sun	12:00PM-1:30PM	1/21-3/3 NO CLASS 1/28 & 2/18	5	\$180	VTC

Registered participants will be notified by email with policy and procedure updates. For weather or facility related cancellations, view the <u>Tennis Calendar</u> and check your email.\*\*
University of Michigan Varsity Tennis Center is located at 2250 S. State Street, Ann Arbor.

Rec & Ed Winter Indoor 2024 Registration begins December 5, 2023 at 10am

For more information, visit: <a href="www.a2schools.org/recedtennis">www.a2schools.org/recedtennis</a> or contact youthtennis@a2school.org